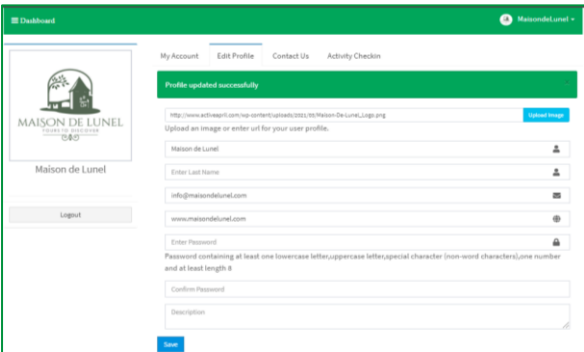


# HOW TO USE THE ACTIVE APRIL DIGITAL TRACKER



## STEP 1

Login to your account



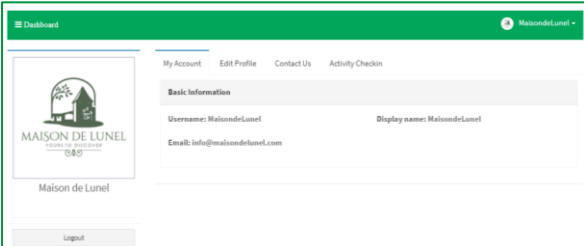
## STEP 2

Edit your profile

You can change your display name, upload your picture, add a website / social page if you wish

**Click SAVE**

**THERE IS NO NEED TO ENTER A NEW PASSWORD**



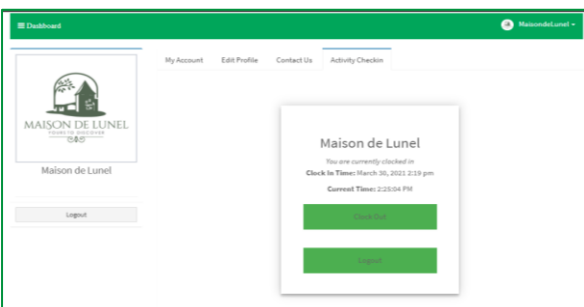
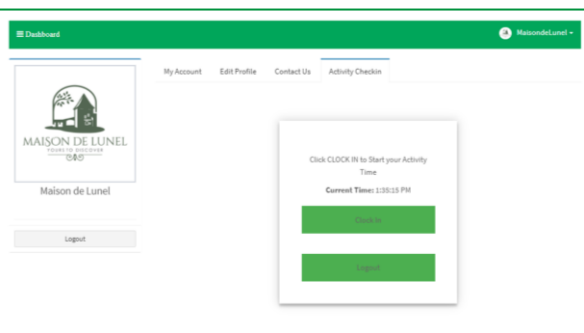
## STEP 3

Click on ACTIVITY CHECKIN

Click **CHECKIN** when you start your activity and Click **CHECK OUT** when you finish

Your times will be logged in the system

When you have completed your 30 minutes (or more) of exercise **LOGOUT**



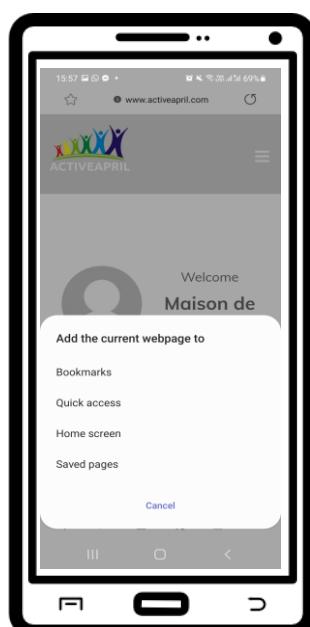
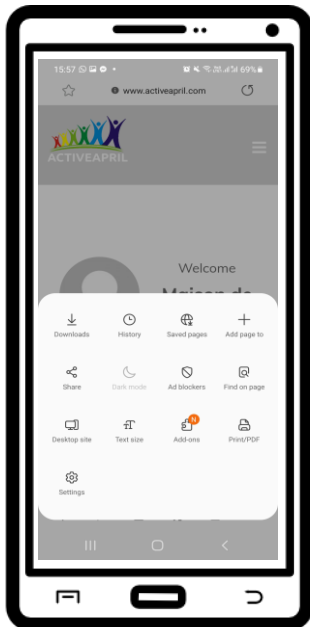
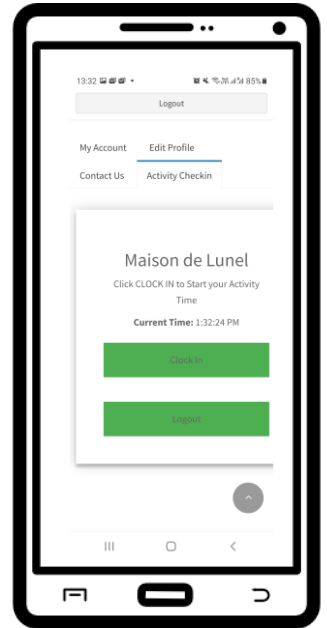
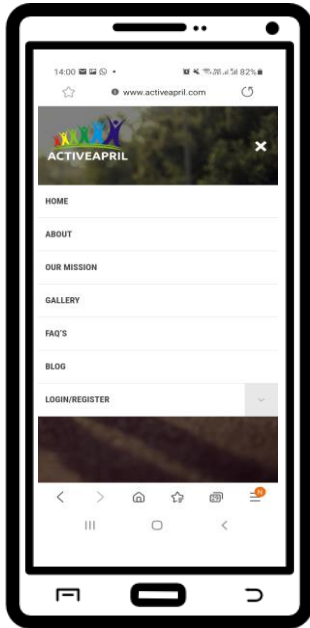
**PLEASE NOTE THAT ONCE YOU LOGOUT YOU WILL NOT BE ABLE TO RE-ENTER THE ACTIVITY CHECKIN ON THE SAME DAY**

If you have any problems with logging your activity times please email [support@activeapril.com](mailto:support@activeapril.com)



# SAVE THE ACTIVE APRIL TRACKER ON YOUR SMART PHONE

Login to the Active April Website on your smartphone and add to your Home screen  
This will make it even easier to CheckIn and Checkout when you are on the go!



If you have any questions please email [support@activeapril.com](mailto:support@activeapril.com)

Don't forget to post your images and comments on your social pages and remember to use #ACTIVEAPRILCHALLENGE #ACTIVEAPRIL @activeaprilchallenge @maisondelunel